Dr A Bhattacharjee

BSc PhD MBBS MRCP(London) MRCP(UK)(*Neurology*) Consultant Neurologist

NHS: National Hospital for Neurology and Neurosurgery The Royal Free Hospital UCLH NHS Foundation Trust Royal Free London NHS Foundation Trust

Private: Rivers Hospital, High Wych Road, Sawbridgeworth, Hertfordshire, CM21 OHH

Initial Consultation

9 August, 2023

Mr Manco 10 Niagara Close Cheshunt Waltham Cross Hertfordshire EN8 9HA

Clinic reference: RH/14567884-Aviva

Dear Mr Manco

Emanuele Manco 12/07/1981 10 Niagara Close, Cheshunt, Hertfordshire, EN8 9HA Telephone (Mobile): 07805 702096 E-mail: manumanco@gmail.com

Thank you for arranging to consult with me following a referral from a private GP. You slipped in Liverpool Street station on 7 June 2023 and a week later developed left hip pain with shooting pains down to the left big toe. You also have some numbness around the left testis but not so much in the buttocks and you can feel when wiping. You need to push a bit harder when you have to pass urine. You attended A&E on 19 June 2023 at North Middlesex due to the discomfort. The scan there showed a disc bulge at left L4/5. You were discharged and have been having difficulty with walking since then. You were then in the process of falling over in your garden on 15 July and tried to grab something and ended up rupturing a left biceps tendon. You have had this attended to now. The back pain is resolving. You have seen an orthopaedic colleague who has advised conservative management for now.

Past medical history: rheumatoid arthritis Current medications: nil regular Drug allergies: nil Family history: father has hypertension and a stroke in his 40s, Social history: You work in IT which mainly involves sitting. You live with your wife Smoking: ni Alcohol:

Examination:

On examination there was normal tone, power, coordination, reflexes and sensation. Straight leg raising was achievable to 60° on the left and 80° on the right. The plantars were down going.

 Email: jane.barber@protonmail.com jane.barber3@nhs.net (nhs.net account holders only)
Post: Department of Neurology, Lister Hospital, Coreys Mill Lane, Stevenage, Hertfordshire, SG1 4AB

Conclusion:

You came with the intention of having nerve conduction studies done. However, this would not necessarily change your management as showing some chronic denervation changes will not lead to surgery unless there is still a disc bulge. I looked through your MRI report and it appears that the left L3 nerve root is irritated, and both L4 nerve roots may be a little irritated. I think it is for this discrepancy that you have been advised conservative management begin with, and this is conventional advice.

We agreed to do another MRI lumbar spine, by which time it will be 2 months since the last scan and beyond the time point for conservative management. We can consult following this and if there is still a disc bulge at that point, we can discuss the pros and cons of neurophysiology testing versus nerve root injection or surgical intervention.

My secretary will arrange telephone follow-up consultation once we have the results.

Planned investigations: MRI lumbar spine

Thank you.

Sincerely

Dr A Bhattacharjee

Cc

Dr Nguyen The High Street Surgery 13 -15 High Street Cheshunt Hertfordshire EN8 0BX

Apologies for any typographic, grammatical or formatting errors as this letter was created with voice recognition software.

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Information Letter

Emanuele Manco 10 Niagara Close, Cheshunt, Hertfordshire, EN8 9HA

Dear Emanuele Manco,

Further tests - for information only

Thank you for arranging a consultation with me at Rivers Hospital This letter sets out some important information that I am required by law to provide to you if you are to have any further tests or treatment. **This is for your information only and is not a bill**.

Consultant costs for tests

I am required by law to provide you with an estimate of the cumulative consultant cost of the treatment pathway I am recommending. Please note that in addition to any fees I may charge for reviewing or undertaking your tests, there may also be a hospital fee charged.

As discussed, I recommend you have some further tests specifically: MRI lumbar spine

The purpose of these tests is as indicated in the clinic letter. I will not be charging a fee in relation to these tests. I would like to see you again for a further appointment to discuss the results of the tests I have recommended.

Please refer to previous correspondence regarding my outpatient appointment fees or, if you would like any further information, please do not hesitate to ask.

Services not included in the estimate

My fees stated above do not include any fees that the hospital may charge for undertaking the test nor do they include any further treatment or follow up outpatient appointments.

Private Medical Insurance

If you have private medical insurance, please contact your insurer before you book for the tests to confirm whether the recommended tests are covered by the terms of your policy. Please note you are responsible for any fees not covered by your insurer.

Quality Information

You can compare independent information about the quality of private treatment offered at the hospital and other private healthcare providers from the Private Healthcare Information Network (PHIN) website: www.phin.org.uk.

Thank you again for consulting with me.

Yours sincerely

Dr A Bhattacharjee Consultant Neurologist